

**Maharashtra University of Health Sciences, Nashik**  
**Inspection Committee Report for Academic Year 202 --- - 202---**  
**Attendance Details/ Research Details/ Welfare Scheme Details**

**Faculty**.....Nursing  
**Name of College/Institute**..... Indian Red Cross Society, Bel-Air College of Nursing.....

1	Attendance	} Month-wise Biometric attendance to be uploaded by the college on College Website  (No hard copies of attendance to be submitted to the University) Yes
	Teaching Staff	
	Non teaching staff	
	Hospital Staff	
	UG & PG Students	
2	Project	List attached
	Research Articles/Publications	Details attached
	Research Award (Student/Teacher)	Details attached
3	<b>Utilization of Student Welfare Schemes :-</b>	
	Earn and Learn Scheme	
	Dhanwantri Vidyadhan Scheme	
	Sanjivani Student Safety Scheme	
	Student Safety Scheme	
	Book Bank Scheme	
	Savitribai Phule Vidyadhan Scheme	
Bahishal Shikshan Mandal Scheme		
4	<b>Sport participants/Other Activities:</b>	
	i) Information of Student(s) who participated University level & State level Avishkar Competition.	
	ii) Information of Student(s) who participated in Regional Sport Competition & State level Sports Competition.	
	iii) Information of Student(s) who participated in Cultural Activities.	List Attached
	iv) Does the college have NSS Unit?	Details attached
5	Whether "Swaccha Bharat Abhiyan" implemented in college	Details attached

**Dean/ Principal Stamp & Signature**

## BEL-AIR COLLEGE OF NURSING, PANCHGANI

### Information of students who participated in cultural activities

Year	Name of competition	Name of students	Event
2019 2020	28 <sup>th</sup> Student Nurses Association Biennial State Conference, Thane 18 <sup>th</sup> -20 <sup>th</sup> September 2019	1. Gauri Mhaske 2. Manisha Togle 3. Pranali Sapkal 4. Jacinta Khalko 5. Felicia Marbaniang 6. Silviya Mathew 7. Sneha Dere 8. Jayanti Ekonkar 9. Feba Paul 10. Nisha Mandawkar 11. Priya Beloshe 12. Dipti Khalko 13. Silviya Nobert 14. Akanksha Tayade 15. Dipti Wakade	Quiz competition Quiz competition Quiz competition Mono acting Personality contest Essay writing Group dance Group dance Group dance Group dance Group dance Group dance Group dance Group dance Group dance Rangoli
2017 2018	27 <sup>th</sup> Student Nurses Association Biennial State Conference, Aurangabad 5 <sup>th</sup> -7 <sup>th</sup> October 2017	1. Priti Panhalkar 2. Anju Mary Thomas 3. Silviya Mathew 4. Sanjeevany Palghamol 5. Mercy Madur 6. Aishwarya Prakash 7. Amanda Kharsamai 8. Ivangina Lyngdoh 9. Liya Manichan  10. Ruth More 11. Zarina Diengdoh 12. Sneha Dere 13. Bincy Benny 14. Ashwini Jagtap  15. Athira George 16. Dipali Mane	Debate, Panel Discussion Debate, Panel discussion Essay Competition, folk dance On the spot painting, rangoli, poster painting Personality contest Folk dance Folk dance, Poster presentation Folk dance Folk dance, Poster Presentation (Promotion of institutional delivery) Folk dance Folk dance, Panel Discussion Folk dance Panel Discussion Panel Discussion, poster presentation (Monitoring fetal wellbeing) Poster presentation (Dehydration in children) Poster presentation (Dehydration in

		17.Harshada Yedekar 18. Ebini Sibi 19. Gauri Kawanpure 20. Betsydora Mawlong 21. Priyanka Pisal 22. Athiramol U 23.Pranali Gaikwad 24. Anu Joseph 25. Sheetal Navgan 26. Christy Mathew 27.Sherin Reji	children) Poster presentation Promotion of institutional delivery) Poster presentation (Promotion of institutional delivery) Poster presentation (Structure of eye) Poster presentation (organ donation) Poster presentation (organ donation) Poster presentation (organ donation) Poster presentation (Monitoring fetal wellbeing) Poster presentation (Neonatal Resuscitation) Poster presentation (Neonatal Resuscitation) Poster presentation (SNA preparing future leader) Poster presentation (SNA preparing future leader)
2017 2018	Spandhan (University level) Nagpur 1 <sup>st</sup> -4 <sup>th</sup> March 2017	1. Aishwarya Prakash 2. Liya Maurus 3. Sharon Varghese 4. Binta Kuriakose 5. Ivangina Lygndoh 6. Kiran Shaji 7. Shital Jamnik 8. Amanda Kharsamai 9. Ruth More 10.Zarina Diengdoh 11.Tejasvi Sanas 12.Daphi Madur 13.Nishalin Mawlot 14.Priti Panhalkar 15.Mary Wanboklin 16.Tejaswini Gaikwad 17.Binta Kuriakose 18.Mercy Madur 19.Daphienka Grace	Folk dance, Classical dance Folk dance Folk dance Folk dance Folk dance Folk dance Folk dance Folk dance, Western group song Folk dance, Indian group song Folk dance, Indian group song Poster making Mime, Cartooning, Western group song Mime Mime, Light vocal solo Mime Mime Mime Indian group song Indian group song, Western vocal solo Indian group song

		20.Harshada Yedekar 21.Wansalansha Kharkrang 22.Ann Mary Jose	Indian group song Debate
2016 2017	Indradhanyush (Inter- University level) Aurangabad 5 <sup>th</sup> -9 <sup>th</sup> November 2016	1. Anju Mary Thomas 2. Priti Panhalkar 3. Daphienka Grace 4. Wansalansha Kharkrang 5. Harshada Yedekar 6. Ruth More 7. Zarina Diengdoh 8. Mercy Madur 9. Amanda Kharsamai 10.Daphi Madur	Classical vocal song Classical vocal song Western vocal song, Indian group song, Western group song Indian group song, Western group song Indian group song, Western group song Indian group song Indian group song Indian group song, Western group song Western group song Western group song, Cartooning

**BEL-AIR COLLEGE OF NURSING**  
**NSS UNIT REPORT (2019 – 2021)**

The NSS (National Service Scheme) unit of Bel-Air College of Nursing has always actively involved students in various social activities. It aims to provide meaningful experiences to students to make their education complete. The NSS volunteers participated in various regular activities during the year 2019-2020 including one special camp as summarized below.

The year began with celebration of **International Yoga Day** on 21<sup>st</sup> June 2019. The participants of the program included NSS volunteers, students from college, patients and their relatives from Bel-Air Hospital. The invited guest, Ms. Sushmaben Prajapita from the Brahmakumaris took a session on stress in today's life and ways to overcome it. She demonstrated meditation, which was followed by all participants. All were encouraged to adopt meditation and yoga in their routine life.

**Poshan Abhiyan** activities were conducted in the month of September 2019. The aim was to increase awareness on aspects of nutrition such as balanced diet, impact of fast food, obesity, etc. A Poster making competition on impact of fast food was conducted on 10/09/2019, in which students from all batches have participated. A classroom lecture on balanced diet and obesity was taken by Ms. Seema Bain, Dietician, Bel-Air Hospital for first year RANM and BSc. Nursing students on 11/09/2019. To increase awareness among adolescent girls and boys, NSS volunteers have conducted Health education on balanced diet and impact of fast food at Green Valley School on 12/09/2019 and Municipal Council School, Panchgani on 24/09/2019. A role play on anemia was also conducted on 18/09/2019 at Siddharth Nagar, for increasing awareness among community about its prevention and home management.

On 28<sup>th</sup> September, the 50<sup>th</sup> **NSS day** was celebrated. The NSS volunteers organised a health education program on Diabetes Mellitus for patients and their

relatives admitted in Bel-Air Hospital. It included knowledge about the risk factors, sign & symptoms, management and foot care in Diabetes Mellitus.

**Gandhi Jayanti** was celebrated on 2<sup>nd</sup> October 2019. The day began with a program organised at the Auditorium, consisting of a speech on Mahatma Gandhiji's values, skit on tobacco addiction and 'No smoking' pledge taken by all participants. Followed by this a rally was conducted on 'Fit India' from college to Panchgani town and back. Slogans on cleanliness were recited and waste along the way was also collected by the students. After the rally the students actively participated in campus cleaning.

On 21<sup>st</sup> of October 2019, the NSS volunteers have volunteered their service for the **Vidhan Sabha Elections**. They prepared first aid boxes and worked on shift duty basis at four different voting centres at Panchgani. It was a unique experience for the NSS volunteers to offer their nursing service for public causes.

**Children's day** was celebrated at Pediatric ward, Krishna Hospital, Karad. The NSS volunteers have conducted health education on Importance of play, Impact of fast food followed by distribution of apples to children. A health talk on Immunisation schedule and prevention of accidents was also given at Pediatric OPD. The NSS unit organised a program on Child rights and safety at Rajpuri village on 18<sup>th</sup> November 2019. A role play was conducted to create awareness among villagers about the rights of children.

**International Volunteers day** program was organised on 20<sup>th</sup> December 2019. A lecture on Sustainable Development Goals was taken by Mrs. Manjusha Samudre, Lecturer, for the first year BSc. Nursing and RANM students. The objective was to raise awareness among youngsters about SDGs with focus on promoting inclusion, diversity, non-discrimination and reduce inequalities in society.

The 31<sup>st</sup> **National Road Safety week** was observed from 13<sup>th</sup> to 18<sup>th</sup> January 2020 with the theme – '*Bringing change through youth power*'.

Various activities were conducted during the week such as slogan writing competition, rangoli competition and display, poster making competition, Street play and health education, for increasing awareness about road safety among the volunteers and the public.

**NSS Special Camp** – The special camp for the year was organised at Kharoshi village, Mahableshwar Taluka between 29<sup>th</sup> September to 5<sup>th</sup> October 2019. The participants of the camp were 25 NSS volunteers along with 2 teachers. During the seven-day camp various activities were carried out such as- general survey, assessment of blood pressure and blood sugar in adults, Drawing and English class for school children, role play on topics like anemia, menstrual hygiene, tobacco addiction, health education on various issues like – Diabetes, Hypertension, Breast self-examination, etc. The NSS volunteers also prepared kitchen garden at the Sub-centre, Primary School and Anganwadi. Other activities like cultural program, games and mehendi competition were also conducted. Overall the camp was an enriching experience for the volunteers which helped to develop sense of social responsibility through group living.

The year 2019 – 2020 has given a variety of experience to the NSS volunteers. The various activities have helped in arousing social consciousness of students by providing opportunities to work with and among the people. It has developed their skills such as communication, leadership, etc. and helped in developing their personality.

Various regular activities including one special camp were conducted during the year 2020 – 2021 as follows:

On 2<sup>nd</sup> October 2020, the NSS unit celebrated Gandhi Jayanti by organising a **Swachhata Abhiyan Program**. All the NSS volunteers, teaching and non-teaching staff participated in the program. The objective of the program was to promote cleanliness in the campus and also to make NSS volunteers responsible for cleaner surroundings. The program included cleaning of the

college campus, hostel campus and hospital campus. The students were divided into groups and allotted areas for cleaning. The students participated actively.

The NSS unit conducted a **health survey** on 28<sup>th</sup> and 29<sup>th</sup> of October 2020. The survey was conducted to identify people suffering from Gastrointestinal problems such as acidity, ulcers, constipation, GI bleeding, cancer, etc. The objective of the survey was to spread information regarding a health camp, to be organised at Rural Hospital, Mahableshwar on 30<sup>th</sup> and 31<sup>st</sup> of November. The health camp was organised for free consultation and treatment including endoscopy procedures. On 28<sup>th</sup> of October, the NSS volunteers were divided into four groups and allotted areas in Panchgani, i.e, Siddharthnagar, Shahunagar, Ambedkar Colony and Bhimnagar. Each group of students was accompanied by one teacher. On 29<sup>th</sup> of October, the survey was conducted in Rajpuri and Godavli village. The NSS volunteers went house to house, to inform people about the free health camp. The people suffering from the gastrointestinal problems were encouraged to attend the free camp. Leaflets about the camp were distributed. The contact details and procedure of registration for the camp was explained to them.

**Vigilance Awareness week** was observed from 26<sup>th</sup> October to 1<sup>st</sup> November 2020. The theme for the year was ‘Vigilant India, Prosperous India’, with the objective to eliminate corruption in public life. The following activities were organised to increase awareness about the vigilance week among the faculty, students and community. The faculty and students were encouraged to take the Integrity E-pledge by visiting the website <https://pledge.cvc.nic.in> given by the Central Vigilance Commission. An essay writing competition was conducted on 29/10/2020. The topic for the competition was ‘Vigilant India, Prosperous India’. The objective was to increase awareness about corruption among the students. The NSS volunteers conducted a role play on corruption highlighting the ways and effects of corruption among the public. The role play was conducted at Siddharth Nagar, Panchgani on 30/10/2020. The message



conveyed was clear and was appreciated by the people.

**Fit India Campaign** was celebrated all over India in December 2020. The theme for the year was ‘Fitness ka dose – Aadha Ghanta Roz’. On 4<sup>th</sup> December 2020 the NSS volunteers posted in Krishna Hospital, Karad, organised a health education program for advocating the message of fitness. The participants were patients and their relatives admitted in medical ward. The program involved education on – Importance of exercise, highlighting the benefits and types of exercise that people can incorporate in day-to-day life. Demonstration on Range of motion exercises was done and it was actively followed by the participants.

The NSS unit of Bel-Air College of Nursing observed the **International Women’s Day** on 8<sup>th</sup> March 2021. The theme for the year was, ‘Women in leadership: Achieving an equal future in a COVID-19 world.’ The NSS unit organised an elocution competition on the topic – ‘Choose to challenge’. The competition was conducted in English and Marathi language. A mime highlighting the various issues faced by women such as – female foeticide, eve teasing, rape, etc. was also portrayed during the program.

The **NSS Special Camp** was conducted from 21<sup>st</sup> to 27<sup>th</sup> February at Par village, Mahableshwar Taluka. 25 NSS volunteers participated. They have conducted various activities such as Health survey; kitchen garden; health education programs on different topics for children, adolescent girls, women and adults; various activities for the school children, cultural program, etc. during the 7 days. The experience of the camp has fulfilled the objective of personality development of NSS volunteers through community service.

Ms. Preetam Desai  
NSS Program Officer

## BEL-AIR COLLEGE OF NURSING, PANCHGANI

**Information of students who participated in regional sport competition & State level sports competition.**

Year	Name of Competition	Name of Student	Events
2019 2020	Krida Mahotsav (Inter-zonal) Kolhapur 5 <sup>th</sup> – 6 <sup>th</sup> November 2019	1. Pratikhsa Gadekar 2. Harshda Deshmukh 3. Beiamol Clinnis 4. Ankita Biramane 5. Pooja Sanap 6. Bhavana Mali 7. Snehal Bhatmare 8. Abhidnya Sathe	Kho-Kho Race – 200 m Race – 200 m, 1500 m Race – 400 m Race – 800 m Race – 1500 m, Kabaddi Javelin Throw Kabaddi
2019 2020	Krida Mahotsav (Zonal ) – Ashwmedh Kolhapur 8 <sup>th</sup> -10 <sup>th</sup> November 2019	1. Harshda Deshmukh 2. Ankita Biramane 3. Pooja Sanap 4. Beiamol Clinnis 5. Pratiksha Gadekar	Race – 200 m Race – 400 m Race – 800 m Race – 1500 m Kho – Kho
2017 2018	Student Nurses Association Biennial State Conference, Aurangabad 5 <sup>th</sup> -7 <sup>th</sup> October 2017	1. Silviya Mathew 2. Harshila Kuwara 3. Gauri Navgire	Discuss throw 100mtr Javelin throw
2016 2017	Krida Mahotsav (Selected students) Latur 19 <sup>th</sup> -25 <sup>th</sup> November 2016	1. Harshila Kuwara 2. Fasiha Charfare 3. Nithya Reji 4. Ashwini Jagtap	Kho-Kho, Long jump, Triple jump Basket ball High Jump Short-Put

2016 2017	Krida Mahotsav – Zonal Level, Vardha 7 <sup>th</sup> -8 <sup>th</sup> October 2016	<ol style="list-style-type: none"> <li>1. Ashwini Jagtap</li> <li>2. Nithya Reji</li> <li>3. Harshila Kuwara</li> <li>4. Bincy Benny</li> <li>5. Euginia Marbaniang</li> <li>6. Fasiha Charfare</li> <li>7. Alphrida Bareh</li> </ol>	Short-Put High Jump Long jump, Triple jump, Kho- Kho Volley ball Volley ball Volley ball Basket ball
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